

provide.
qmu student volunteering

www.providevolunteering.org



Thousands of QM students have volunteered ... **WILL YOU?**

There are 8,760 hours in a year. Can you spare some time to:

- **help others**
- **learn new skills**
- **make new friends?**

provide.

qmsu student volunteering

Provide is the student community volunteering programme at Queen Mary.

Provide offers students a wide range of short and long term opportunities to volunteer with charities and voluntary organisations in the local area and across London.

Volunteering gives you a brilliant chance to absorb and explore what London has to offer, to really get involved in your local area and to help other people as well as yourself.

Make new friends, gain new skills, have new experiences, make a difference – VOLUNTEER!

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- Arts & Media •
- Advice & Helplines •
- Children & Young People •
- Community & Social Welfare •
- Education & Mentoring •
- Environmental & Conservation •
- Health & Hospitals •
- International • Older people •
- Politics & Law • Sport •

